

# Mark

## 2:1-12



## Jesus Heals a Paralyzed Man

You think Jesus ever felt like a 6<sup>th</sup> grader in the hall during math class? “Young man, who gave you permission to be out here?” Let’s explore this authority issue that the teachers of the law were so quick to question.

- ▣ Kick off class and get in the exploring mood. Listen to *The Woompa and the Bigwig Worthy Burger* in *Niki Knack's Gritty Audio Journal of Adventuring*.

### 1 Remember Verse

- ▣ Play the verse video for **Psalm 145:8-9**.
- ▣ Ask for volunteers to try and say the verse from memory.
  - ▣ **“The LORD is merciful and compassionate, slow to get angry and filled with unfailing love. The LORD is good to everyone. He showers compassion on all his creation.” Psalm 145:8-9 (NLT)**
- ▣ Check out a variety of **Remember Verse** games and activities on [FoundryLeader.com](http://FoundryLeader.com).

### 2 What's That Word?

- ▣ Decode the words in the **Discovery Guide (DG)** individually or as a class.
- ▣ Decoded words are **Mark**, **right hand of God**, and **mercy**.
- ▣ Invite a kid or adult to read the definition for each word.
- ▣ Invite kids to ask questions or share anything else they know about these words.

### 3 Peaks and Pitfalls

- ▣ Invite kids to share something not so great (pitfall) and something great (peak) that happened this past week.
- ▣ Pray together.

## Exploring Supplies

- ▣ Bibles
- ▣ *Discovery Guides*
- ▣ *Eureka! DVD or CD*
- ▣ *Class Relics*
- ▣ DVD or CD player
- ▣ Pens and markers
- ▣ Check out the back page for some expedition extras.

Leader's Deep Dive  
& other digital  
resources available at  
[FoundryLeader.com](http://FoundryLeader.com)  
Password: Parable



## 4 ■ Hear It

- Have an adult read the **Eureka! Bible Passage** on page 3.
- Ask if there are any words that need a quick explanation before moving to Step 5.

## 5 ■ Tell It **Strike-A-Pose** or **Action Statues**

- As a class, choose one of these two **Tell It** methods to tell the story.
- Instructions for each are on page 4.
- The **Strike-A-Pose** words are: **mat, walk/walked, forgive/forgiven, up, thought/thoughts, carry, climbed, lowered.**

## 6 ■ Embrace It

- Invite kids to quietly read and reflect on the passage on their own using the **Eureka! Bible Passage (EBP)** or their own Bible.
- After 2-3 minutes, invite a student or leader to read the **EBP** out loud again.

## 7 ■ What's Happening in the Bible?

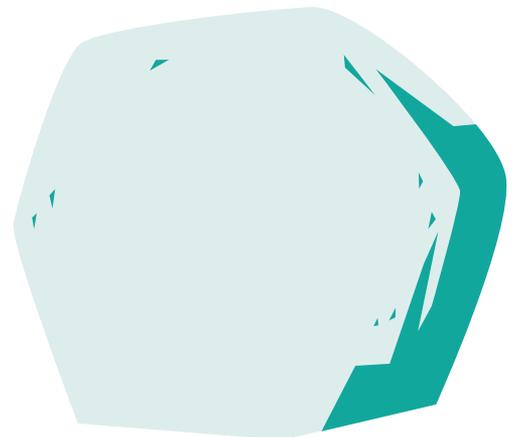
- Read Hebrews 1:3-4 (page 3).
  - **Create a three-word sentence to summarize each EBP section.**
  - **In Hebrews 1:3-4, what do we hear that tells us why Jesus was able to forgive the sins of the paralyzed man?**
  - **What words can we find in the Hebrews passage to describe authority? What shows Jesus has authority? How does Jesus show authority in Mark 2:1-12?**
  - **Think about these two passage and our Remember Verse. How do you think God uses His authority?**

## 8 ■ What's This Say about Us?

- Explore what the passage says about us.
  - **How are we like the man who couldn't walk? The men who carried him? The teachers of the law?**
  - **What's harder for you: asking for help or giving someone help?**
  - **What does this story say about forgiveness? Courage? Compassion?**

## 9 ■ Record Your Discovery

- **Discovery Relic** (on page 2 of the **DG**)
  - Discuss faith discoveries made today. Give kids time to record a faith discovery.
- **Class Relic** (in **Expedition Resources**)
  - As a class, pick a memorable faith discovery from the last two weeks. Write or draw the discovery on the **Class Relic**. Attach it to the **Relic Wall Poster**.
- Close in prayer.





# What's Happening in the Bible?

Eureka!  
Bible  
Passage

Mark  
2:1-12

- A. When Jesus returned to His home, everyone heard He was back. The people who came to see Him filled the room. There was no more room, not even outside. Jesus taught them all about God's Word.
- B. Four men brought a paralyzed man to see Jesus. When they tried to **carry** him to Jesus, they couldn't get close because the crowd was too large. So, they **climbed** to the roof and made a hole in it. Then they **lowered** the man down on a **mat**, letting him down in front of Jesus.
- C. When Jesus saw the kind of faith the men had, He said to the paralyzed man, "Your sins are **forgiven**."
- D. Some teachers of the law were there, and when they heard what Jesus said, they **thought**, "How can He say that? That is wrong, because God is the only one who is able to **forgive** sins!"
- E. Jesus knew that's what they were thinking. So, He answered their **thoughts**, "Why are you thinking like that? Which do you think is easier to say: 'Your sins are **forgiven**,' or, 'Get **up**, pick **up** your **mat**, and **walk** home'? But I will show you that I have the authority to **forgive** sins."
- F. Then He said to the paralyzed man, "Get **up**. Pick **up** your **mat** and **walk** home."
- The man did what Jesus said. He got **up** and picked **up** his **mat**. Everyone watched in amazement as he **walked** home. They all praised God, saying, "We've never seen anything like this!"

## Hebrews 1:3-4 (NLT)

<sup>3</sup> The Son radiates God's own glory and expresses the very character of God, and he sustains everything by the mighty power of his command. When he had cleansed us from our sins, he sat down in the place of honor at the right hand of the majestic God in heaven. <sup>4</sup> This shows that the Son is far greater than the angels, just as the name God gave him is greater than their names.

# Before You Explore

Like wrestling a Woompa guard in order to win a Bigwig Worthy Burger, explorers do things a little differently.

That's why we put this **Before You Explore** section on the very last page. We know you understand.



## Expedition Tips

- If you want to get your kids busy exploring right away, have them start decoding the **What's That Word?** words or reading **Niki Knack's Gritty Journal of Adventuring** or get a head start in learning the **Remember Verse**.
- Discoveries can be written as words or pictures. If you see a picture that doesn't make sense, just say, "I'd love to hear about your picture if that's okay." If it makes sense in the mind of that student, then it's a great discovery!
- January 29 is **National Puzzle Day**. Let's create a puzzle! Grab an extra **Discovery Guide**, cut out the journal picture on the first page of the lesson. Cut the picture into pieces, creating a 15-25 piece puzzle. Divide the class into two teams and grab a timer. Which team can assemble the puzzle fastest? For a different challenge, choose two students to assemble the puzzle together, and place a blindfold on one of the students. The student without the blindfold must now give instructions for putting the puzzle together, and only the blindfolded student may touch the puzzle pieces.

## Strike-A-Pose

Create and perform fun poses to go along with the narrated story.

1. This week, use the **Eureka! Bible Passage** as your **Strike-A-Pose** script. The bolded words are listed in step 5 of the lesson.
2. As a class, discuss and decide on the pose that best represents each word. Choose one pose for each word, and take a vote if the class can't decide.
3. Quickly practice each one.
4. Read the **Eureka! Bible Passage** to the class. When a **Strike-A-Pose** word is read, the class will strike the pose for that word. Remind your class to listen carefully so they don't miss a **Strike-A-Pose** word.
5. One adult will read the passage while the other adult leads the kids in the poses.
6. It's fun to add a sound effect to the pose.
7. For a change of pace, kids can lie on the ground on their backs. When they hear a **Strike-A-Pose** word, they should all jump to their feet, strike the pose, and then quickly and quietly lie back down on the ground.

## Action Statues

Create an array of one-person statues to capture the action of each scene.

1. Ask for a volunteer to come to the front of the class.
2. Read the first section of the **Eureka! Bible Passage**.
3. As a class, decide on the main character of that section. Then decide on a pose that best describes what that character is doing and/or feeling in the section.
4. Have the volunteer assume the decided pose and freeze in place.
5. Call up a new volunteer and resume steps 2-4 with the next section of the **Eureka! Bible Passage**. Continue until all sections have a statue in place. Challenge the statues not to move while new statues are added.
6. Once all statues are in place, read through the story. Statue may "unfreeze" and take a seat after their section is read.
7. Got a small class? Reduce the number of statues by combining sections, or assign more than one statue to each volunteer.